

What are accessories?

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Stomal Therapist for ONL

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Stoma Appliance Scheme (SAS)

- The SAS was established in 1975 to support ostomates.
- The Stoma Appliance Scheme (SAS) in Australia provides free stoma appliances and products to people with a stoma (ostomates).
- This scheme is managed by the Australian government and helps ostomates manage their condition without significant financial burden.
- To access these products, individuals need to join one of the stoma associations in Australia and hold a Medicare Card



Facts (Dec. 2024) <https://www.health.gov.au/our-work/stoma-appliance-scheme>

Did you know?

**50,000
people**

in Australia have a stoma

3,400

products are subsidised under
the scheme

\$111 million

worth of stoma products were
provided last year

What do accessories help us with?

Peristomal skin health

Improve pouch security

Drain fluid overnight

Support abdominal creases / bulges

Gas deodorising

Optimise pouch filling

Thickening of loose stool

What we know / terminology

Remover,
cleansers,
barriers,
protectors,
sealants



wipes or
sprays

- Collars, seals, rings, surrounds
- Paste, caulk, filler, paste strips
- Bananas, moons, boomerangs, flange/wafer extenders, strips, frames,
- Drops, creams, clips, gels, odour sachets, lubricating solidifying agents
- Belts, support wear, bags, catheter straps
- Powder

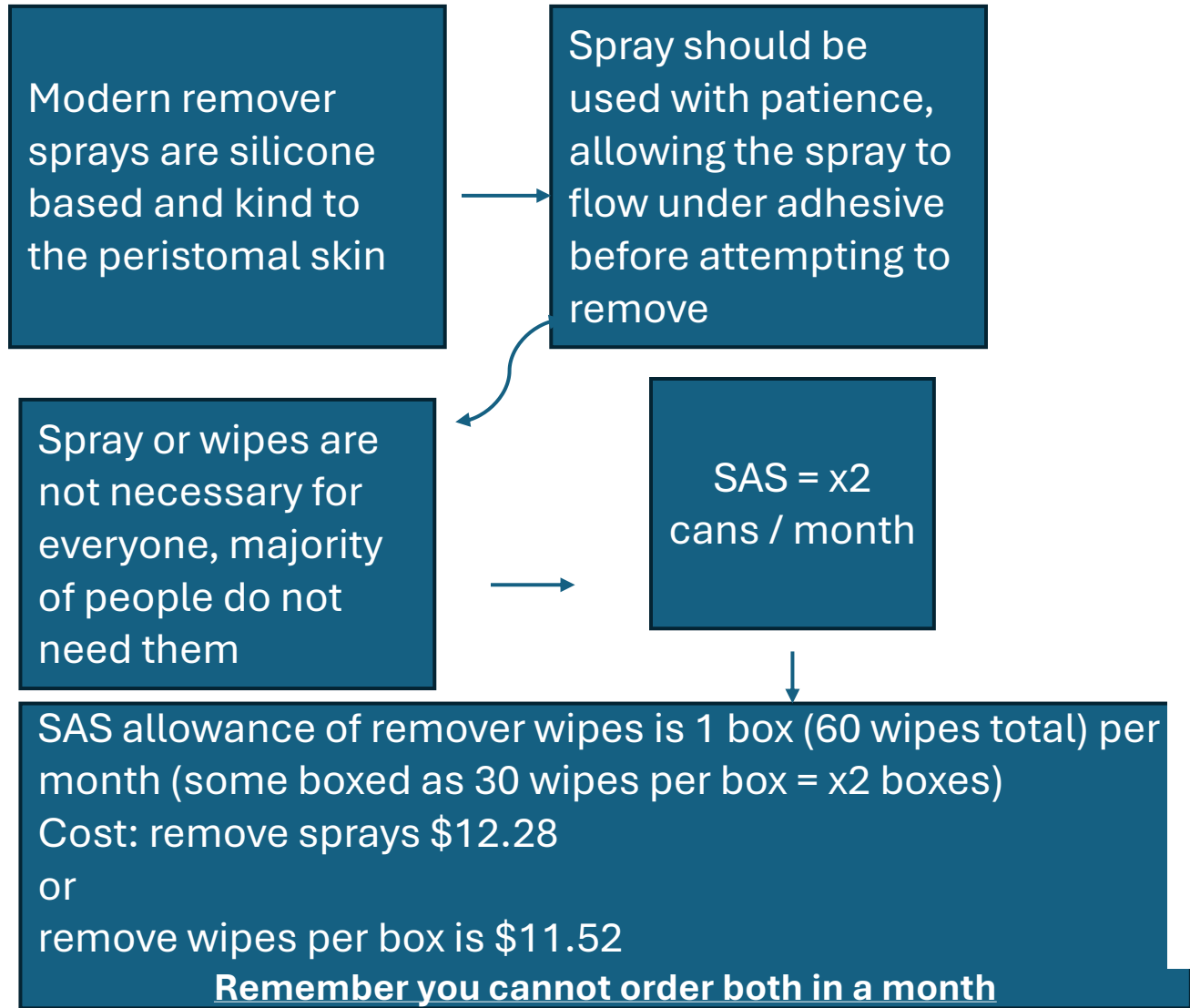


HOW OFTEN
DO WE SAY
THIS?

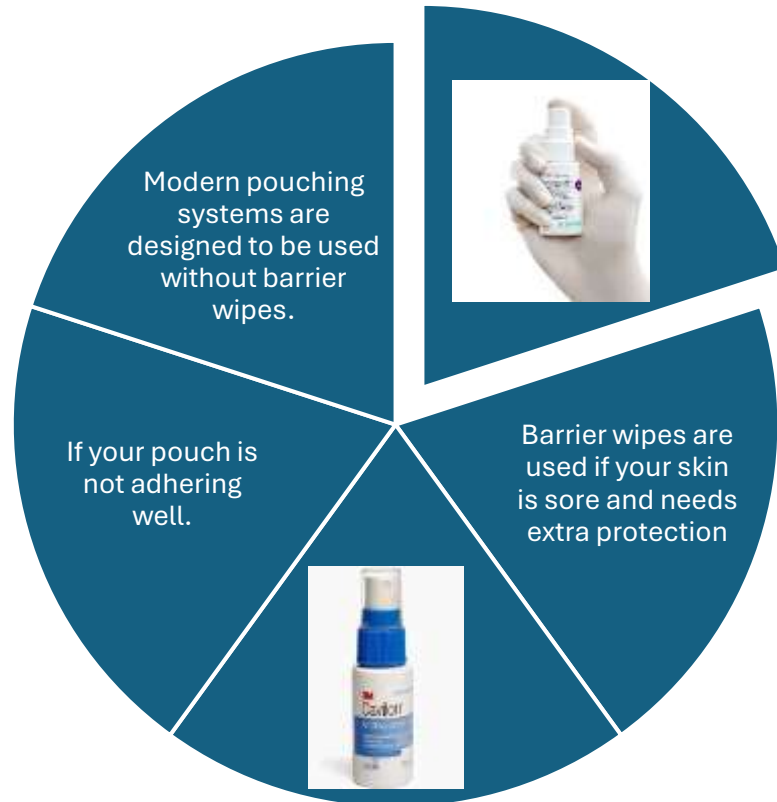
• LESS IS BEST



Remover sprays and wipes



Barrier sprays and wipes



- They form a thin, protective layer on the skin, helping to reduce the risk of peristomal skin complications and they may add extra tack.
- Barrier films should be applied after cleansing the skin and before applying the stoma pouch.
- **HINT:** *If wanting wipes order spray one tome & wipes the next.*
- **HINT:** *Some products are not meant to have a barrier film used with them.*
- SAS allowance: 1Barrier spray (\$8.70)per alternate month (**x6/yr**)
OR 60 wipes (\$14.70)

Travel / cleanser wipes

- **RESTRICTED ITEM**
- For convenience when travelling / working **only**.
- Pre-moistened wipes
- Use “CHUX” or “Rediwipes”
- *HINT: Biodegradable bamboo available from Cello*
- Cost is normally around \$16.00
Bunnings: roll 200wipes / \$ 24.00
Costco roll 144 wipes
- Wipes are available from ONL: 100 per box \$10.00
- What about baby wipes?
- *HINT: Nothing down the toilet*



**Accessories are individual to
YOU**

Powder

- Used only if there is sore, eroded, wet skin
- Essential when you use a powder you brush off any excess as the excess can prevent the pouch from sticking correctly.
- Mostly used in conjunction with barrier spray/wipe, allowing better adhesion.
- When skin is healed you stop using powder.
- Allowance 2 per month.
- **HINT:** Most powders last 1-2 years. Only order as needed.
- Cost \$8 each.



Crusting



Seals

Seals, strip paste and paste, collars

These are used around the stoma to improve the fit of the ostomy appliance and protect the peristomal skin.

They are particularly helpful when there are skin folds, creases, or uneven surfaces around the stoma, which can lead to leakage and skin irritation.

Used if you have an oval or odd shaped stoma and need a precut appliance.

Many different types, thin, thick convex oval.

Allowance 30 per month

HINT: Can be applied to skin or to back of pouch

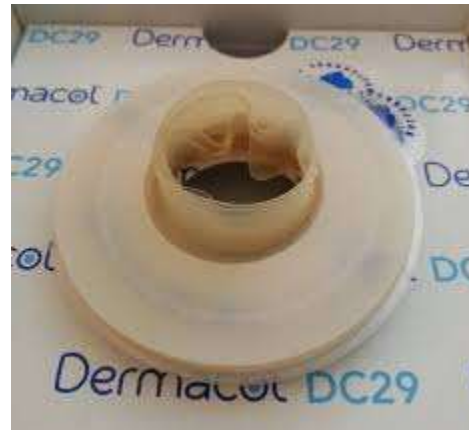
HINT: Paste: have a damp “chux” to mould, & when using paste exit air out to stop it getting herd. Warm in container of warm water for ease of spreading

COST:

Seals: \$135.93 per box of 30

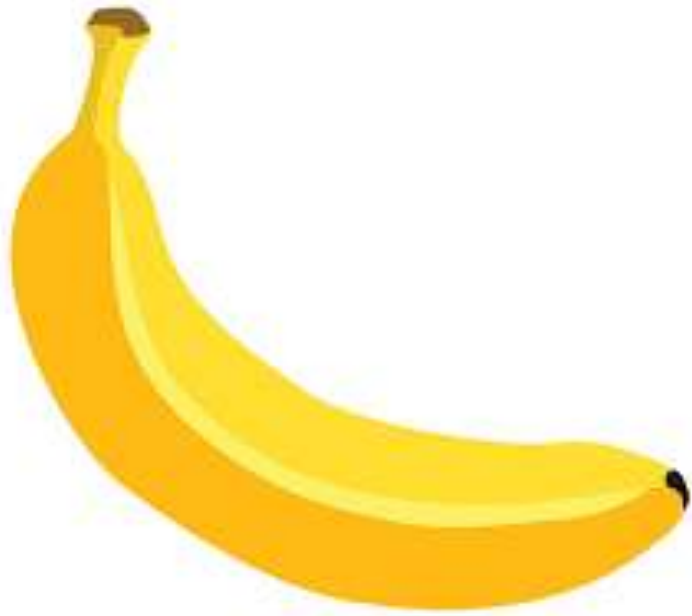
Paste: \$21-\$25

Strips: \$17.60 box of 10.



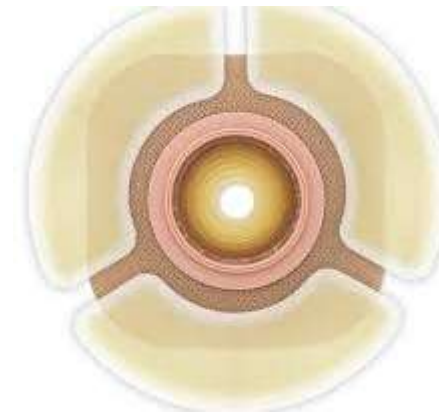
How to apply seals.





Flange extenders

- Extra security – sport, swimming
- ↑ wear time – showering / procedures
- Stop rolling of edges of appliance
- Around hernia, uneven areas
- Different lengths & widths
- Allowance is 60 / month
- **HINT:** don't stretch, can be fringed to fit into creases, can be cut in half, only use over area of leakage. Only use where needed.
- Cost \$20 - \$40 / pack of 20

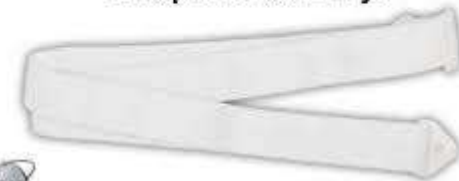


Belts - for pouches

- Provide extra security.
- Provide targeted support to assist with adhesion and reduce leakage.
- Assist with spouting
- Allowance 6 per year.
- ***HINT:*** Some are available in different sizes, all adjustable.
- *Not all interchangeable*
- *Machine washable*
- Price: \$5.95 each.

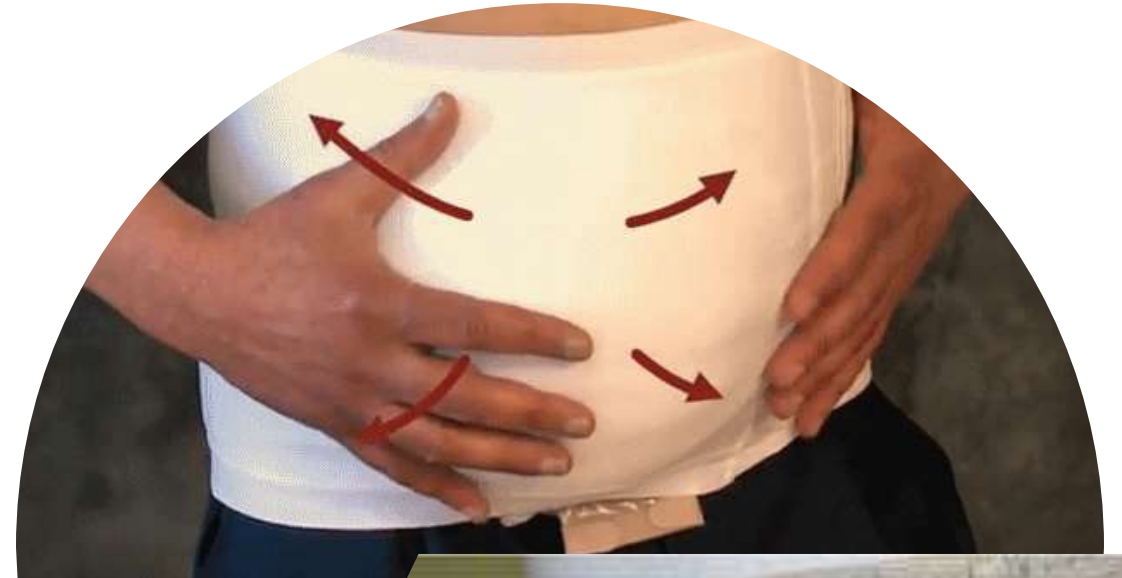


Wearing an ostomy belt may help provide additional support and pouch security.



Support Wear

- Abdominal support
- Different & various levels of support
- Many styles / widths – belts
- Allowance x4 per calendar year
- Cost: \$35 - \$ 45 each
- Shield \$ 35 only x1 per year
- ***HINT:*** Must be measured & fitted correctly



Urostomy night drainage bags / cath. strap

- First empty your urostomy pouch
- Allow some air in night pouch before connecting for freer drainage
- Connect the night drainage tube to the pouch's drain tap
- Place the large drainage bag on the floor, lower than your body, to ensure gravity assists urine flow.
- Secure the tubing to your thigh with a leg strap to prevent pulling.
- In the morning, disconnect the tube, empty the bag into the toilet by opening the tap
- Rinse the bag with cold water or 1 part vinegar to 2 parts water helps reduce smell
- Leave tap open before storing it to dry.
- Change bag once a week
- Allowance 5 per month
- **HINT:** If using a night drainage bag always take connectors with you into hospital

Cost \$2- \$3.10 each (non sterile)

- Cath strap allowance 2 per month, cost \$13-\$17



Lubricant & gas suppressants



To assist with pancaking, helping stool drop into pouch.



Some lubricants are scented some are odour neutralisers

HINT: Available as sachets for travel/work



Gas suppressants, to assist with excess gas in your pouch and to assist with bloating.



Allocations x1 bottle deo/lube or 60 sachets / month



Cost from \$4 to \$12 per month depending on product



PURCHASE ITEM: "Odour Be Gone"

Gel & Thickeners

- Eakin Perform solidifying agent that helps prevent leakage, reduce noise, and control odor, providing greater security and comfort for the user.

Box of 60 sachets/ month

- Diamonds absorbing gelling sachets

Jar with 100 sachets x7 per year

HINT: Both require STN form to be completed for access

Diamonds may cause output colour change.



Thank you & questions?

I would like to acknowledge the assistance of

Anne Marie Lyons & Brenda Christiansen Stomal Therapy Nurses NSW