## Stoma Support Group



The Stoma Therapy Nurses from the St George and Sutherland Shires would like to invite you to attend a stoma support group for ostomates and their families to meet and have a cuppa and light lunch

**Where**: Ramsgate RSL Memorial Club, Cnr Ramsgate Rd and Chuter Ave, Sans Souci, NSW 2219

**Time**: 11am – 1pm

## When:

Thursday 4th of September, 2025

Presentation: Parastomal Hernia Risk Reduction and Management, Omnigon

Thursday 4th of December, 2025

Presentation: Mental Health Social Worker, Mark Micelli

Car parks available. Contact your Stomal Therapy Nurse or Carolyn Nichols on 0419 335 046 or carolyn.nichols@dansac.com.au for further information.

Please RSVP for catering purposes